

Boron

3 mg, 100 capsules

Item Catalog Number: 00621

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Boron is an essential nutrient for optimal calcium metabolism and healthy bones and joints.^{50,52,58-60,146} Boron may affect human steroid hormone levels. Dietary boron intake may support a healthy prostate.¹⁴⁷⁻¹⁴⁹

References

Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

Amount Per Serving

Riboflavin (Vitamin B2) 25 mg

Boron (as boron citrate/ aspartate/glycinate complex) 3 mg

Other ingredients: gelatin, rice flour.

Contains corn and rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, or gluten. Contains NO artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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