

Nettle Leaf**60 liquid-filled vegetarian capsules**

Item Catalog Number: 13748

Supplement Facts

Serving Size 1 capsule

Servings Per Container 60

Amount per 2 capsulesAlcohol free concentrated extract of nettle leaf (*Urtica dioica*) (organic) 100 mg

Standardized to full spectrum activity profile mg activity

Bioactivity per 2 capsules

Caffeic acid derivatives (from nettle) 2.0 mg

Other ingredients: vegetable glycerin, vegetable cellulose (capsule)

Each 2 capsules contain 4,000 mg crude herb equivalent.

Dosage and Use

- take 1 capsule with a small amount of warm water 2 times daily between meals. Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

Note

Gaia Herbs' patented technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, in a convenient capsule.

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