

7-Keto® DHEA Metabolite

**25 mg, 100 capsules**

Item Catalog Number: 00658

7-Keto® DHEA has been shown to confer fat loss benefits.<sup>82</sup> 7-Keto® DHEA is a natural metabolite of DHEA that has been shown to safely increase thermogenesis, improve fat loss and help maintain healthy body weight when combined with a diet and exercise program.<sup>78,83,84</sup> Recent clinical studies indicated that 7-Keto® DHEA increases the resting metabolic rate of overweight adults.<sup>85</sup> 7-Keto® DHEA may improve memory retention.<sup>86</sup> Antioxidants are added based on the effect 7-Keto® has in boosting mitochondrial oxidation.

Supplement to be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

## References

## Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

### Amount Per Serving

7-Keto® DHEA (3-Acetyl-7-oxo-dehydroepiandrosterone)

25 mg

Other ingredients: rice flour powder, gelatin, vegetable stearate.

Contains rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

7-Keto® is a registered trademark of Humanetics Corp.

## Dosage and Use

- Take one capsule in the morning on an empty stomach, or as recommended by a healthcare practitioner.

## Caution

Studies suggests that 7-keto does not convert to testosterone or estradiol, as can DHEA. However, no research to date has evaluated 7-keto's effect on hormonally dependent conditions such as prostate cancer.

## Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.