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Dietary Supplements, Multi Vitamins, B Vitamins, and more

Recent clinical trial data involving **B vitamins**, vitamin C, **multi vitamins** and more can be found under *Vitamins*, in addition to consumer information that will aid in the selection of the **best multivitamin** and other supplements. Read about fat soluble vitamins A, D, E, and K, and water soluble **B complex vitamins** and vitamin C, which are available in the foods we eat and in **dietary supplements** that are used by millions to ensure optimal **nutrition**.

- **Dermatologists separate fact from fiction regarding sun exposure, sunscreen and vitamin D**
(NewsRx.com 19 Nov 2009)
- **Top 7 flu prevention tips from Dr Vincent Pedre**
(PR Newswire 18 Nov 2009)
- **New study questions effectiveness of popular cholesterol drugs**
(washingtonpost.com 16 Nov 2009)
- **Vitamin K and insulin**
(Nutrition Action Health Letter 16 Nov 2009)
- **Effects of vitamin D deficiency amplified by shortage of estrogen**
(AScribe Newswire 16 Nov 2009)
- **Lessons from a nutrition conference**
(The Monterey County Herald, Calif. 06 Nov 2009)
- **Researcher suggests breast cancer risk could be virtually eradicated by higher vitamin D levels**
(Canada NewsWire 05 Nov 2009)
- **B12 oral formulation achieves comparable results to B12 injection**
(Business Wire 03 Nov 2009)
- **Procter & Gamble gets FDA warning letter**
(United Press International 03 Nov 2009)
- **Multivitamin supplements may play a role in preventing miscarriage associated with drinking**
(AScribe News 03 Nov 2009)
- **November is Vitamin D Awareness Month in Canada**
(Canada NewsWire 30 Oct 2009)

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- **Study from University of Ulster reveals new findings on women's health**
(NewsRx.com 30 Oct 2009)
- **Doctors suggest ways to boost your immunity**
(The Charlotte Observer, N.C. 29 Oct 2009)
- **Many US children suffer from suboptimal levels of vitamin D**
(Xinhua News Agency 28 Oct 2009)
- **Life Extension(R) introduces Glutathione, Cysteine & C formulation with Setria (R) From Kyowa Hakko USA**
(PR Newswire 28 Oct 2009)
- **Truehope challenges Health Canada in Federal Courts claiming constitutional breach**
(Market Wire 28 Oct 2009)
- **Drug muggers**
(McClatchy-Tribune Information Services -- Unrestricted 26 Oct 2009)
- **Women with breast cancer have low vitamin D levels**
(NewsRx.com 23 Oct 2009)

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