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Important issues brought to your attention by Life Extension. Learn which issues could impact your right to obtain the nutritional supplements and/or hormones such as DHEA that you depend on.

Daily News

The latest news on aging, disease, nutrition, and vitamins updated daily.

LEF Forum

A great place in which Life Extension members, subscribers and other interested parties may interact. Life Extension hosts Forums on Supplements, Hormones, Lifestyles, Disorders/Diseases, and other areas of interest to life extensionists worldwide.

What's Hot

News flashes are posted here frequently to keep you up-to-date with the latest advances in health care, nutritional supplements, and longevity.

Legislative Action Center

Take action on important current issues featured in *Life Extension* magazine and our web site.

Events

Find out about upcoming life extension related conferences, seminars, and meetings, or view reports on past events.

Durk & Sandy

The Durk Pearson & Sandy Shaw® Life Extension News™ Archive.

Life Extension Update

View past issues and subscribe to Life Extension's FREE e-mail newsletter. *Life Extension Update* reports new findings in longevity, preventive medicine and disease as soon as they are discovered! Archived issues cover a variety of health concerns, including diabetes, prostate health, testosterone replacement therapy, cardiovascular disease, and much more.

Multimedia Center

An information-packed collection of short, but highly interesting audio and video downloads featuring various health topics of importance to you.



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