

Kyolic Reserve

**600 mg, 120 capsules**

Item Catalog Number: 00789

Garlic has been valued for centuries for its multi-faceted benefits. It has antioxidant action and can boost the level of natural glutathione, an important cellular detoxifier. The compounds allicin and oligosulfides found in garlic have demonstrated the ability to support healthy platelet function. Garlic may also act as a chelator of iron and other heavy metals that can accumulate in the body.196-225

The market is flooded with numerous garlic products, with each manufacturer claiming their products provide maximum health benefits. One must be careful, however, in choosing a garlic supplement.

When garlic is aged, its harsh and highly odorous compounds are converted into more beneficial and much less odorous compounds. Numerous studies have suggested that supplementing one's diet with aged garlic extract may be beneficial. Published data about aged garlic extract shows that it:

- Helps maintain healthy platelet aggregation (thins blood)226
- Helps maintain healthy blood pressure for those already within normal range227
- Helps maintain already healthy blood lipid and metabolic profiles228 Acta Diabetol. 2007 Sep 6 [Epub ahead of print]
- Helps maintain healthy endothelial function and structure229,230\*
- Helps maintain healthy immune function231,232\*
- Helps maintain healthy cellular DNA structure233,234\*

There are more published studies substantiating the multiple benefits of Kyolic® Reserve Aged Garlic Extract™ than any other brand. While some other garlic preparations may work as well as Kyolic®, the sheer volume of studies highlighting Kyolic's benefits makes it the garlic supplement of choice.

## References

### Supplement Facts

Serving Size 1 capsule

Servings Per Container 120

#### Amount Per Serving

Aged Garlic Extract™ (Special Garlic Preparation) Powder (bulb) 600 mg

Other ingredients: gelatin, cellulose, magnesium stearate (vegetable source) and silica.

Free of preservatives, sugar, sodium, milk, yeast, gluten, artificial colors and flavors.

### Dosage and Use

- Take one or more capsule(s) as needed with a meal twice daily.

### Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

### Related Keywords

Garlic, Immunity, Endothelial Function

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