

## Tocotrienols with Sesame Lignans

### 60 softgels

Item Catalog Number: 00781

Tocotrienols have shown superior action in maintaining arterial health.<sup>127-129</sup> This wonder nutrient is so effective because of its structure of double bonds in the isoprenoid side chain, making it a great scavenger of free radicals.<sup>130</sup>

Sesame lignans have been added to help block or inhibit the enzyme that breaks down tocotrienols, allowing tissue levels of tocotrienols to build up in the body.<sup>131</sup> This translates into much greater antioxidant protection, decreasing destructive free radicals.

Research has shown that tocotrienols display potent neuroprotective properties.<sup>132,133</sup>

## References

## Supplement Facts

Serving Size 1 softgel

Servings Per Container 60

### Amount Per Serving

Vitamin E (as D-alpha tocopherol)	31.3 IU
Tocomin® Full-Spectrum Natural Tocotrienol Complex	75 mg
Typical Distribution:	
Gamma tocotrienol	41.7-50 mg
Alpha tocotrienol	20.9-29.2 mg
Delta tocotrienol	10.4-14.6 mg
Beta tocotrienol	2.1 mg
Sesame seed ( <i>Sesamum indicum</i> ) lignan extract	20 mg

Other ingredients: gelatin, glycerin, water, rosemary extract.

Contains sesame.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

To keep our products pure and natural, no color has been added to these softgels.

The natural separation of active ingredients may occur.

Tocomin® is a registered trademark of Carotech, Inc. and protected by US Patent #5,157,132.

## Dosage and Use

- Take one softgel daily with food, or as recommended by a healthcare practitioner.
- Do not take with fiber supplements.

## Caution

If you are taking anti-clotting medication, consult with your doctor before taking vitamin E. Ingestion of total vitamin E products in excess of 1200 IU daily may interfere with absorption and metabolism of vitamins A and K. This product should not be used by individuals who have an allergy to sesame.

## Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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