

**Arctic Cod Liver Oil****237 ml, 8 fl oz.**

Item Catalog Number: 04085

Nordic Naturals cod liver oil from Norway is molecularly distilled and has a high level of omega-3 fatty acids per teaspoon, with naturally occurring vitamins A and D. The product is enhanced with antioxidants for freshness and natural orange flavor for a great taste enjoyed by children and adults. Nordic Naturals' products surpass all international pharmaceutical standards for freshness and purity, and are free from heavy metals and toxins.

**Supplement Facts**

Serving Size 1 teaspoon (5 ml)

Servings Per Container 48

**Amount Per Serving**

Calories	45
Calories from Fat	45
Total Fat	5 g
Saturated Fat	1 g
Cholesterol	14 mg
Vitamin A	875-1950 I.U.
Vitamin D	1-20 I.U.
Vitamin E (d-alpha tocopherol)	8 I.U.
DHA (Docosahexaenoic Acid)	700 mg
EPA (Eicosapentaenoic Acid)	450 mg
Other Omega-3	250 mg

Ingredients: purified arctic cod liver oil, vitamin E (d-alpha tocopherol), 100% natural orange oil.  
No gluten, yeast, milk derivatives, artificial colors or flavors.

**Dosage and Use**

- One teaspoon daily, with meals, or as directed by your health care professional or pharmacist.

**Caution**

Consult with your physician before using this product if you are pregnant, diabetic or allergic to iodine. Do not take this product if you are using blood thinners or anticipate surgery.

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