

Omega Man

1000 mg, 120 capsules

Item Catalog Number: 4113

Omega Man provides a synergy of essential omega fatty acids and plant phytochemicals absent in multivitamins and deficient in today's diet, yet critical for cellular, sexual, and heart health, athletic performance, fat metabolism and lean muscle mass. Omega Man's unique and proprietary formula combines the world's purest and freshest flax oil, rare styrian pumpkin seed oil, lignans, phospholipid and phytosterol complexes.*

Omega Man for men of all ages interested in:

- Peak physical fitness*
- Cellular and sexual health*
- Vitality and longevity*

Supplement to be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

Supplement Facts

Serving Size 3 capsules (3.0 g)

Servings Per Container 40

Amount Per Serving

Calories	23
Calories from Fat	19
Total Fat	2 g
Saturated Fat	0.2 g
Omega Fatty Acids	1937 mg
Omega-3	1065 mg
Omega-6	455 mg
Omega-9	417 mg
Flax Particulate (Cont. lignan)	570 mg
Phospholipid Complex	186 mg
Phosphatidylcholine	96 mg
Phosphatidylethanolamine	51 mg
Phosphatidylinositol	29 mg
Phosphatidic acid	10 mg
Plant Phytosterol Complex	32 mg
Beta Sitosterol	16 mg
Campesterol	9 mg
Stigmasterol	7 mg

Ingredients: each carob coated gelatin capsule contains organic flaxseed oil, organic flaxseed particulate, styrian pumpkin seed oil, phospholipid concentrates, plant phytosterols.

Free of Genetically Modified Organisms.

Dosage and Use

- Take three capsules 3 times a day.

not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.