

Only Trace Minerals

90 capsules

Item Catalog Number: 00717

Only Trace Minerals provides bio-available forms of minerals in a convenient, low-cost supplement.

Supplement Facts

Serving Size 1 capsule

Servings Per Container 90

Amount Per Serving

Zinc [as zinc monomethionine (OptiZinc®)]	20 mg
Copper (as copper gluconate)	2 mg
Manganese (as manganese sulfate)	15 mg
Chromium (as Chelavite®, nicotinate-glycinate chelate)	400 mcg
Molybdenum (as molybdenum sulfate)	250 mcg
Boron (as boron citrate)	3 mg
Vanadyl sulfate hydrate (providing 750 mcg vanadium)	3.75 mg

Other ingredients: rice flour, magnesium stearate, gelatin, water.

Contains gluten, corn, and rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, or yeast. Contains NO artificial sweeteners, flavors, colors, or preservatives.

OptiZinc® is a registered trademark of InterHealth Nutritionals, Inc.

Chelavite® is a registered trademark of Albion Laboratories, Inc.

Dosage and Use

- Take one capsule daily with food, or as recommended by a healthcare practitioner.

Caution

Do not take with calcium supplements or dairy products.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.