

Blood Testing Protocols

REFERENCES

- ADVANCEDATA. Vital & Health Statistics/The National Center for Health Statistics/U.S. Department of Health, Education and Welfare/Public Health Service. 1977. Atlanta, GA: Centers for Disease Control. Available at: <http://www.cdc.gov/nchs/data/ad/ad007acc.pdf>. Accessed July 2006.
- American Family Physician: Goals for Lowering Your Cholesterol. Leawood, KS: American Academy of Family Physicians; 2001. Available at: http://www.findarticles.com/p/articles/mi_m3225/is_2_63/ai_68974579. Accessed July 2006.
- Barrett-Connor E, Von Muhlen DG et al. Bioavailable testosterone and depressed mood in older men: The Rancho Bernardo Study. *J Clin Endocrinol Metab*. 1999 Feb;84(2):573–7.
- Dayan CM, Saravanan P et al. Whose normal thyroid function is better—yours or mine? *Lancet*. 2002 Aug 3;360(9330):353.
- Gelfand MM, Wiita B. Androgen and estrogen-androgen hormone replacement therapy: A review of the safety literature, 1941 to 1996. *Clin Ther*. 1997 May;19(3):383–404.
- Gooren LJ. Endocrine aspects of ageing in the male. *Mol Cell Endocrinol*. 1998 Oct 25;145(1-2):153–9.
- Hak AE, Pols HA et al. Subclinical hypothyroidism is an independent risk factor for atherosclerosis and myocardial infarction in elderly women: The Rotterdam Study. *Ann Intern Med*. 2000 Feb 15;132(4):270–8.
- Hansson L, Zanchetti A et al. Effects of intensive blood-pressure lowering and low-dose aspirin in patients with hypertension: Principal results of the Hypertension Optimal Treatment (HOT) randomised trial. HOT Study Group. *Lancet*. 1998 Jun 13;351(9118):1755–62.
- Janowsky JS, Chavez B et al. Sex steroids modify working memory. *J Cogn Neurosci*. 2000 May;12(3):407–14.
- Lazarou J, Pomeranz BH et al. Incidence of adverse drug reactions in hospitalized patients: A meta-analysis of prospective studies. *JAMA*. 1998 Apr 15;279(15):1200–5.
- Michalopoulou G, Alevizaki M et al. High serum cholesterol levels in persons with 'high-normal' TSH levels: Should one extend the definition of subclinical hypothyroidism? *Eur J Endocrinol*. 1998 Feb;138(2):141–5.
- Phillips GB, Pinkernell BH et al. The association of hypotestosteronemia with coronary artery disease in men. *Arterioscler Thromb*. 1994 May;14(5):701–6.
- Pollock MA, Sturrock A et al. Thyroxine treatment in patients with symptoms of hypothyroidism but thyroid function tests within the reference range: Randomised double blind placebo controlled crossover trial. *BMJ*. 2001 Oct 20;323(7318):891–5.
- Rabkin JG, Wagner GJ et al. Testosterone therapy for human immunodeficiency virus-positive men with and without hypogonadism. *J Clin Psychopharmacol*. 1999 Feb;19(1):19–27.
- Schweiger U, Deuschle M et al. Testosterone, gonadotropin, and cortisol secretion in male patients with major depression. *Psychosom Med*. 1999 May;61(3):292–6.
- Seidman SN, Walsh BT. Testosterone and depression in aging men. *Am J Geriatr Psychiatry*. 1999;7(1):18–33.
- Shackman J. *Super T*. New York: Simon & Schuster/Fireside; 1999:43–4.
- Shippen E. *The Testosterone Syndrome*. New York: M. Evans; 2001:116.
- Tan RS, Pu SJ. The andropause and memory loss: Is there a link between androgen decline and dementia in the aging male?

Asian J Androl. 2001 Sep;3(3):169–74.

Tenover JS. Effects of testosterone supplementation in the aging male. J Clin Endocrinol Metab. 1992 Oct;75(4):1092–8.

Vanderpump MP, Tunbridge WM et al. The incidence of thyroid disorders in the community: A twenty-year follow-up of the Whickham Survey. Clin Endocrinol (Oxf). 1995 Jul;43(1):55–68.

Wright JV. Maximize Your Vitality & Potency. Petaluma, CA: Smart Publications; 1999:146–7.

All Contents Copyright © 1995-2009 Life Extension Foundation All rights reserved.

LifeExtension[®]

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.