

Kava Kava Root Extra Strength 1 fluid oz (30 ml)

Item Catalog Number: 12427

- Supports normal relaxation from tension brought on by daily stress
- Promotes muscular and nerve relaxation
- Encourages a sense of emotional well being

Supplement Facts

Serving Size 10 drops

Servings Per Container 90

Amount Per Serving

Kava Kava Root Extract (*Piper methysticum*), 65-75% Pure Grain Alcohol USP, and Spring Water.

Kavalactones (from Kava Kava)

25.0 mg

Dosage and Use

- Take 10-20 drops of extract in a small amount of warm water 3 times daily as needed.
- Shake well before using.

Caution

US FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. As a healthcare professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems, including jaundice (yellowing of the skin or whites of the eyes) and brown urine. Other nonspecific symptoms can include nausea, vomiting, light-colored stools, unexplained tiredness, weakness, stomach or abdominal pain, and loss of appetite. Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair your ability to operate a vehicle or heavy equipment. Use only as directed.

All Contents Copyright © 1995-2009 Life Extension Foundation All rights reserved.

LifeExtension®

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.