

Valerian Extended Release**600 mg, 30 tablets**

Item Catalog Number: 13474

Each Herbal Actives extended-release formula provides rapid and sustained results. Supplying the greatest concentration of active botanical principles, Herbal Actives Valerian maximizes the synergistic benefits of the whole root.

Supplement Facts

Serving Size 1 tablet

Servings Per Container 30

Amount Per ServingValerian (*Valeriana officinalis* root)

600 mg

(standardized 1% [6%] valerenic acid)

Other ingredients: di-calcium phosphate, stearic acid, microcrystalline cellulose, hydroxypropyl methylcellulose, magnesium stearate, silica and pharmaceutical glaze.

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, corn, soy and milk. Hypo-allergenic.

Dosage and Use

- As a dietary supplement offering the consistent benefits of exact potency, one tablet daily or as recommended by your health care professional.

Caution

If you are pregnant or nursing, consult your health care professional before using any herbal product.

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