

Wheat Grass**90 oz (255 g)**

Item Catalog Number: 18041

Wheat Grass is a whole food grown and processed on fertile organic Kansas soil. Dehydrated whole leaf Wheat Grass includes the natural juice and fiber found in Wheat Grass.

Supplement Facts

Serving Size 1 tbsp (10.5 g)

Servings Per Container 24

Amount Per Serving

Calories	30
Calories from Fat	0
Total Fat	0 g
Sodium	0 mg
Potassium	340 mg
Total Carbohydrate	4 g
Dietary Fiber	2 g
Protein	2 g
Vitamin A (100% as Beta-Carotene)	100%
Vitamin C	50%
Riboflavin	10%
Iron	35%

Ingredients: 100% organic wheat grass powder.

Contains no yeast, corn, soy, milk, preservatives or fillers.

Dosage and Use

- As a whole food, mix one tablespoon in 8-12 oz. of water, fruit or vegetable juice.

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