

Super-Absorbable CoQ10™ with ~~d~~-Limonene

100 mg, 100 softgels

Item Catalog Number: 00950

The mitochondria are the cells' energy powerhouses, and coenzyme Q10 (CoQ10) is an essential component of healthy mitochondrial function.² CoQ10 is required to convert fats and sugars into cellular energy. Yet, the natural production of CoQ10 declines precipitously with advancing age.³ With an ample amount of CoQ10, the mitochondria can work most efficiently throughout the entire body — including the most densely populated area, the heart.⁴ CoQ10 is also a potent antioxidant, helping protect proteins, LDL, and DNA of mitochondria from oxidation and supporting mitochondrial function.⁵

More people are supplementing with CoQ10 than ever before. One reason is increased awareness that “statin” drugs used to lower LDL and cholesterol deplete CoQ10 levels in the body. What most doctors don't know, however, is that normal aging may result in more of a reduction in CoQ10 than taking statins. For example, while statin drugs have been shown to reduce plasma CoQ10 by 40%,⁶ the aging process reduces CoQ10 levels in the heart muscle wall by 72%.⁷ What is particularly frightening is the deficit caused by the dual effects of aging⁸ and statin drug use that can result in severe depletion of cellular vitality.⁶

Super Absorbable CoQ10™ with ~~d~~-Limonene provides the ubiquinone form of CoQ10 in a super-emulsified formulation that increases the amount of CoQ10 absorbed. ~~d~~-Limonene is a natural compound found in orange oil that disperses and breaks down the CoQ10 particles, which reduces their size and makes CoQ10 more absorbable by the body.

Unlike other supplements that contain micronized ubiquinone CoQ10 particles, Super Absorbable CoQ10 with ~~d~~-Limonene contains smaller, nano-sized CoQ10 particles that enhance this absorption. Research shows that people taking this formula have higher blood levels of CoQ10 than those taking other ubiquinone formulas.¹² Life Extension recommends the ubiquinol form of CoQ10 over this ubiquinone form.

References

Supplement Facts

Serving Size 1 softgel

Servings Per Container 100

Amount Per Serving

Coenzyme Q10	100 mg
Cold-Pressed Orange (<i>Citrus sinensis</i>) Oil Extract (peel) [std. to 90% <i>d</i> -Limonene (100 mg)]	111 mg

Other ingredients: ethyl oleate NF, polysorbate 80, softgel (gelatin, water, glycerin), D-alpha tocopherol, rosemary extract.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- For those over age 30, take one softgel daily after a meal, or as recommended by a healthcare practitioner.
- Do not take with fiber supplements.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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