

Pomegranate Extract Capsules

30 vegetarian capsules

Item Catalog Number: 00956

In ancient Greek mythology, the pomegranate represents life and regeneration.⁹² Its use as an herb dates back more than 3,000 years. But contemporary science has rediscovered the pomegranate's surprising array of health benefits.

Numerous studies show that pomegranate is one of nature's most powerful antioxidants⁹³⁻⁹⁸ and it helps regulate LDL oxidation. The remarkable effect of pomegranate in dealing with various problems makes one wonder whether there is more benefit to this fruit than just free radical suppression. One answer may lie in the fact that pomegranate is absorbed in the bloodstream far more efficiently than other fruit extracts. One study showed a pomegranate extract is 95% absorbed, which is far greater than any other polyphenol-containing fruit extract of its kind.⁹⁹ Another reason pomegranate has displayed such incredible clinical findings is that it contains a unique polyphenol group called punicalagins. Punicalagins are the major players behind the pomegranate's antioxidant capability. These pomegranate ellagitannins can metabolize into smaller, beneficial polyphenols such as ellagic acid.

References

Supplement Facts

Serving Size 1 vegetarian capsule

Servings Per Container 30

Amount Per Serving

Pomella® Pomegranate (<i>Punica granatum</i>) Extract (fruit) [std. to 30% Punicalagins (120 mg)]	400 mg
---	--------

Pomegranate (<i>Punica granatum</i>) 5:1 Extract (fruit)	100 mg
--	--------

Other ingredients: dicalcium phosphate, magnesium stearate, silica, vegetable cellulose (vegetable capsule)

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Pomella® is a registered trademark of Geni Herbs.

Dosage and Use

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

Caution

Consult with your physician before using this product if you are taking anti-seizure, anti-depressant or psychiatric medications, or certain types of blood pressure (e.g. calcium channel blockers) medications.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.