

Pomegranate Juice Concentrate

16 ounces

Item Catalog Number: 00957

In ancient Greek mythology, the pomegranate represents life and regeneration.⁹² Its use as an herb dates back more than 3,000 years. But contemporary science has rediscovered the pomegranate's surprising array of health benefits.

Numerous studies show that pomegranate is one of nature's most powerful antioxidants⁹³⁻⁹⁸ and it helps regulate LDL oxidation. The remarkable effect of pomegranate in dealing with various problems makes one wonder whether there is more benefit to this fruit than just free radical suppression. One answer may lie in the fact that pomegranate is absorbed in the bloodstream far more efficiently than other fruit extracts. One study showed a pomegranate extract is 95% absorbed, which is far greater than any other polyphenol-containing fruit extract of its kind.⁹⁹ Another reason pomegranate has displayed such incredible clinical findings is that it contains a unique polyphenol group called punicalagins. Punicalagins are the major players behind the pomegranate's antioxidant capability. These pomegranate ellagitannins can metabolize into smaller, beneficial polyphenols such as ellagic acid.

Standardized Pomegranate Juice Concentrate provides the polyphenol content of up to 12.3 ounces of pomegranate juice (or 24 pomegranates) in only one ounce, without the high sugar calories.

References

Supplement Facts

Serving Size 1 fluid ounce (2 tablespoons or 30 ml)

Servings Per Container 16

Amount Per Serving

Calories	25
Total Carbohydrates	6 g
Sugars	4 g
Pomegranate Juice Concentrate (<i>Punica granatum</i>) (fruit)	30 ml
Pomegranate (<i>Punica granatum</i>) standardized extract (fruit) [std. to 30% Punicalagins (90 mg)]	300 mg

Other ingredients: purified water.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Shake well before use. Refrigerate after opening. Consume within 30 days after opening.
- Take one ounce (2 tablespoons) mixed with liquid daily, with or without food, or as recommended by a healthcare practitioner.

Caution

Consult with your physician before using this product if you are taking anti-seizure, anti-depressant or psychiatric medications, or certain types of blood pressure (e.g. calcium channel blockers) medications.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not consume if vacuum seal cap does not pop upon opening.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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