

Gotu Kola

90 vegetarian capsules

Item Catalog Number: 12751

Gotu Kola herb (*Centella asiatica*) has been used in both China and India for thousands of years as a tonic to help balance the effects of aging.

Natures Answer® capsules feature the highest quality of organic, responsibly wildcrafted or cultivated herbs, which maintain the naturally-occurring constituents found in the plant. They are carefully selected and finely milled (micronized), allowing faster absorption by the body.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 45

Amount Per Serving

Gotu Kola herb

950 mg

Other ingredients: vegetable cellulose, vegetable-derived magnesium stearate.

Manufactured to cGMP (current Good Manufacturing Practices) standards. Free of synthetic ingredients.

Dosage and Use

- As a dietary supplement take two capsules two times a day, preferably with food or water.

Caution

If pregnant, nursing or on medication, consult with your healthcare practitioner.

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