

CocoaGold™ With Beta-Glucan Unsweetened Powder

180 grams

Item Catalog Number: 01285

CocoaGold™ with BetaGlucan provides a neutral tasting, unsweetened beta-glucan complex that has been developed to provide the healthy lipid-promoting benefits of oats along with cocoa polyphenols in each serving. CocoaGold™ with BetaGlucan blends fiber with potent cocoa polyphenols in a dual approach to provide nutrients that help promote healthy endothelial function, metabolic conditions, and cardiovascular fitness.²⁵⁻²⁹ Cocoa polyphenols are potent antioxidants that can increase nitric oxide production to help improve blood vessel dilation and blood flow. These processes can help maintain healthy blood pressure for those already within normal range.³⁰ The enhanced circulatory benefits of cocoa have also been shown to improve brain function. Nutrim® oat beta-glucan bran also assists in the maintenance of healthy blood sugar levels already within normal ranges.

Research also supports the use of these nutrients to help maintain post-prandial (after meal) endothelial function. CocoaGold™ with Beta Glucan can help maintain already-healthy blood sugar levels.^{31,32} It also offers the cardiovascular benefits associated with high intake of polyphenols.^{33,34}

Just mix two scoops with your favorite beverage (best in coffee or other hot beverages) or blend with food to provide 1875 mg of oat beta-glucan extract along with 100 mg of standardized cocoa polyphenols.

References

Fiber acts as a bulking agent in the stomach and intestine, which means you feel fuller and may eat less.¹⁻⁵ Soluble fiber attracts water and forms a gel-like substance as it passes through the digestive tract. This slows digestion and lowers the rate of nutrient absorption, helping to maintain glucose and cholesterol levels that are already within the normal range.³⁻⁷

Insoluble fiber acts as a natural laxative that speeds the passage of foods through the stomach. When the non-digestible fibers reach the colon, anaerobic bacteria degrade them through fermentation. This process produces byproducts known as short-chain fatty acids, which help maintain proper acid/base balance in the colon and may be beneficial to healthy colonic mucosa function.

Low-fat diets rich in fiber-containing grain products, fruits, and vegetables may reduce the risk of some types of cancer.⁸⁻¹⁰ Diets low in saturated fat and cholesterol and rich in fruits, vegetables, and grain products that contain some types of dietary fiber, particularly soluble fiber, may reduce the risk of heart disease.¹¹⁻¹³

Cocoa polyphenols and beta-glucans have shown distinct positive benefits with regard to the risk factors associated with vascular problems.

Cocoa polyphenols increase the production of nitric oxide, a key factor in improving blood vessel dilation and blood flow.¹⁴ Cocoa polyphenols also have a beneficial effect on the lipid profile and help protect against platelet overactivation, a dangerous culprit in vascular damage. By keeping the inner lining of blood vessels healthy, cocoa polyphenols therefore help to maintain a healthy cardiovascular system.¹⁵⁻²²

Beta-glucans work in synergy with cocoa polyphenols by helping maintain healthy cholesterol levels for those already within normal range and a good glycemic response.²³⁻²⁶ Beta-glucans provide lipid-promoting benefits and help prevent the dangerous after-meal surge in blood glucose.²⁷ Beta-glucans are also an excellent source of low-glycemic carbohydrates.

CocoaGold™ with BetaGlucan is a neutral tasting, unsweetened beta-glucan complex that blends the healthy benefits of oats and fiber along with cocoa polyphenols in each serving.

References

Supplement Facts

Serving Size 2 scoops (3 grams)

Servings Per Container approx. 60

Amount Per Serving

CocoaGold™ with BetaGlucan Proprietary Blend Containing 100 mg cocoa polyphenols from standardized cocoa (*Theobroma cacao* L.) extract (bean) and Nutrim® oat beta-glucan bran.

2210 mg

Other ingredients: cocoa powder, natural chocolate flavor, silica, maltodextrin.

Contains tree nuts (cocoa beans). Contains gluten and corn. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, wheat or yeast. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Nutrim® Oat Bran (US Patent #6,060,519) is a registered trademark of VDF FutureCeuticals, Inc., used under license.

Dosage and Use

- Take two scoops once daily, or as recommended by a healthcare practitioner.
- This product is best used if taken in the morning and before carbohydrate-rich meals.
- This unsweetened powder may be mixed with puddings, shakes, yogurt, etc.

Caution

The ingredients in this product can lower glucose levels; therefore, insulin-dependent diabetics should check with their healthcare practitioner before starting this supplement to make sure they do not encounter a hypoglycemic event.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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