

## CocoaGold™ Cocoa Polyphenols

### 60 vegetarian capsules

Item Catalog Number: 00863

#### Featured Video

Polyphenols, which provide dietary anti-oxidant benefits, are naturally abundant in cocoa beans. Cocoa polyphenols, as found in dark chocolate, have shown beneficial effects on cardiovascular health, especially vascular health.

Two studies testing dark chocolate or cocoa found significant improvement in overall function of the endothelium in healthy volunteers.<sup>71,72</sup> Another study revealed that dark chocolate can help maintain normal blood pressure levels already within normal range.<sup>73,74</sup>

Additionally, studies of cocoa polyphenols show that they can maintain already healthy HDL, blood pressure, insulin sensitivity, and blood glucose levels in those already within normal ranges.<sup>75-78</sup>

## References

## Supplement Facts

Serving Size 1 vegetarian capsule

Servings Per Container 60

### Amount Per Serving

CocoaGold™ Cocoa Polyphenols [from Cocoa (*Theobroma cacao* L.) standardized extract (bean)] 130 mg

Other ingredients: magnesium stearate, silica, starch, vegetable cellulose (capsule).

Contains tree nuts (cocoa beans). Contains corn. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, wheat, yeast, gluten, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

## Dosage and Use

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

## Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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