

Super R-Lipoic Acid
60 vegetarian capsules
 Item Catalog Number: 01208

 **Featured Video**

Lipoic acid helps protect against oxidative stress generated by high glucose levels. Alpha-lipoic acid consists of two different forms (isomers) that have vastly different properties. The “R” form is the biologically active component (native to the body) that is responsible for lipoic acid’s phenomenal antioxidant effect. The “S” form is produced from chemical manufacture and is not very biologically active. Typical alpha-lipoic acid supplements consist of the “R” and “S” form in a 50/50 ratio. That means a 100 mg alpha-lipoic acid supplement is providing 50 mg of the biologically active “R” form.

The human body normally produces and uses the “R” form of lipoic acid. This active form, R-lipoic acid, significantly supports healthy inflammatory response, is a potent free-radical scavenger and has been shown to be more potent than the combined “R” and “S” forms that comprise most alpha-lipoic acid supplements.⁵⁹⁻⁶⁸

Life Extension® is continually searching for innovative nutritional technologies. Now, through dedicated research and development, the discovery of a newer form of R-lipoic acid is being seen as the “next-generation” antioxidant powerhouse.

Life Extension’s Super R-Lipoic Acid has demonstrated superior bioavailability, stability, and potency for a variety of health benefits. This breakthrough converts the biologically active “R” form of lipoic acid to sodium-R-lipoic acid, which, in a recent human study achieved 10–30 times higher peak blood levels than pure R-lipoic acid.⁶⁹ Not only does this newer lipoic acid formulation reach higher peak blood levels,⁷⁰ it also achieves them sooner, up to 12 times faster than R-lipoic acid, ensuring rapid uptake from the plasma into the tissues.⁶⁹ A recent study showed that oral ingestion of Super R-Lipoic Acid reached peak plasma concentrations within just 10–20 minutes of supplementation.⁷⁰

Unlike other forms of lipoic acid, Super R-Lipoic Acid is more stable in the body. The increased stability of this enhanced formulation is the reason for its greater absorption and bioavailability compared with R-lipoic acid.

The superior antioxidant effects of R-lipoic acid are already well known for supporting healthy mitochondrial function. Now, Super R-Lipoic Acid provides even more potent benefits for preserving youthful cellular energy levels.

References

Supplement Facts

Serving Size 1 vegetarian capsule

Servings Per Container 60

Amount Per Serving

Sodium	35 mg
Bio-Enhanced®, Stabilized Na-RALA (as sodium R-lipoate providing 210 mg of R-Lipoic acid)	300 mg

Other ingredients: rice flour, soybean oil, vegetable cellulose (capsule), vegetable magnesium stearate.

Contains soybeans. Contains rice.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Bio-Enhanced® is a registered trademark of Geronova Research, Inc.

Dosage and Use

- Take one to two capsules daily as tolerated, or as recommended by a healthcare practitioner.
- Take capsules at the same time, preferably on an empty stomach.
- Suitable for vegetarians.

Caution

If you are sensitive to changes in blood sugar and/or being treated for diabetes with blood sugar–lowering drugs, please consult with your physician before supplementing with R-lipoic acid. In this context, start with a low dose and assess for effect. Inform

your physician should you notice any changes while taking this product.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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