

Canthaxanthin

30 mg, 100 tablets

Item Catalog Number: 03190

Canthaxanthin is a red-orange colored carotenoid. Canthaxanthin is nontoxic in moderate dosages and is generally recognized as safe (GRAS) as a food coloring agent. Many people consume canthaxanthin orally to gain a tanned appearance without suffering the potential harm from strong sunlight.

Supplement Facts

Serving Size 1 tablet

Servings Per Container 100

Amount Per Serving

Canthaxanthin	30 mg
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Dosage and Use

- 1 capsule per pound of food ingested is suggested.

Caution

Large doses of canthaxanthin have caused crystalline deposits in the retina of the eye. However, these do not appear to cause any harm and slowly disappear when canthaxanthin intake is terminated.

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