

Pure-Gar® (Standardized Garlic Capsules)
10,000 ppm allicin potential, 200 capsules
Item Catalog Number: 01056

 **Featured Video**

Garlic has been valued for centuries for its multi-faceted benefits. It has antioxidant action and can boost the level of natural glutathione, an important cellular detoxifier. The compounds allicin and oligosulfides found in garlic support healthy platelet function. Garlic may also act as a chelator of iron and other heavy metals that can accumulate in the body.¹⁷¹⁻¹⁸¹

Pure Gar™ caps contain 10,000 ppm of allicin, a key health promoting component of non-aged garlic.^{171-173,182-187}

References

Supplement Facts

Serving Size 2 capsules

Servings Per Container 100

Amount Per Serving

Garlic bulb powder¹ extract

1550 mg

[standardized to provide 15.5 mg of allicin potential]

Other ingredients: gelatin, water.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

1 Pure-Gar® brand garlic: 10,000 parts per million allicin potential

Pure-Gar® is a registered trademark of Natrol, Inc.

Dosage and Use

- Take two capsules one to four times daily with the heaviest meals, or as recommended by a healthcare practitioner.

Caution

Garlic taken on an empty stomach may cause irritation.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.