

Water-Soluble Pumpkin Seed Extract with Soy Isoflavones

60 vegetarian capsules

Item Catalog Number: 01210

Aging individuals frequently encounter a weakening of the bladder and its sphincter muscle that controls the release of urine. Laboratory and human clinical studies demonstrate that ingestion of water-soluble pumpkin seed extract (with soy isoflavones) can significantly improve the structural support of the bladder and the function of the sphincter muscle.⁵¹⁻⁵³

The data supporting the value of water-soluble pumpkin seed extract (with soy isoflavones) is particularly strong in studies performed in women. A clinical study of aging men also demonstrated positive results.⁵⁴

The pumpkin seed has a long history of use in helping to maintain healthy bladder function. Japanese scientists have patented a method to obtain the water-soluble constituents of the pumpkin seed, which are absorbed far more efficiently into the bloodstream. These water-soluble pumpkin seed extracts appear to be the active constituents to help with the urinary discomforts endured by so many maturing women and men.

Clinical studies on women and men have used capsules containing 262 mg of water-soluble pumpkin seed extract and 50 mg of soy isoflavones taken two times each day. The results from human studies show the maximum benefits occurring after six-to-eight weeks of continued use.

Based on remarkable and consistent clinical results, Life Extension is making the identical Japanese formula used in the human studies available to its members.

References

Supplement Facts

Serving Size 1 capsule

Servings Per Container 60

Amount Per Serving

Go Less™ Powder Blend

312 mg

Supplying:

Water-Soluble Pumpkin (Cucurbita pepo) Extract (seed)

SoyLife® Soy (Glycine max) extract

(40% isoflavones from soy germ)

Other ingredients: rice flour, maltodextrin, stearic acid, silica, magnesium stearate, vegetable cellulose (capsule).

Contains soybeans. Contains corn and rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), tree nuts, wheat, yeast, or gluten. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Go-Less™ and SoyLife® are trademarks of Frutarom Netherlands BV.

Dosage and Use

- Take one capsule three times daily for the first two weeks. After two weeks, reduce to two capsules daily or as recommended by a healthcare practitioner.
- This product can be taken with or without food.

Caution

Persons with estrogen dependent cancers should consult a healthcare professional before beginning a soy regimen.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

All Contents Copyright © 1995-2009 Life Extension Foundation All rights reserved.

LifeExtension®

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.