

Blueberry Extract Capsules

60 vegetarian capsules

Item Catalog Number: 01214

The two most active constituents found in blueberries are anthocyanins and pterostilbene. Blueberry anthocyanins are considered one of nature's most potent antioxidants. Pterostilbene is the other blueberry constituent that helps maintain healthy lipid and glucose levels that are already within healthy ranges.^{80,90} Through its unique biological effects and antioxidative potential, pterostilbene helps maintain healthy DNA structure.^{85,91}

Scientists have discovered mechanisms to explain how blueberries can improve memory and restore healthy neuronal function to aged brains.^{81-84, 86}

Blueberry Extract Capsules contain a combination of highly concentrated wild blueberry extracts (not cultivated). These extracts are standardized to natural compounds that have the highest physiological activity for the health benefits associated with consumption of fresh blueberries.

To augment the benefits of this healthful fruit, a new wild blueberry extract has been added to Blueberry Extract that provides more potent active ingredients than cultivated blueberries. Blueberry Extract contains AuroraBlue® wild Alaskan blueberries, which possess nearly 10 times the antioxidant capacity of cultivated berries.

References

Supplement Facts

Serving Size 1 capsule

Servings Per Container 60

Amount Per Serving

Wild Blueberry (<i>Vaccinium angustifolium</i>) anthocyanin extract (fruit)	375 mg
VitaBlue® Wild Blueberry (<i>Vaccinium angustifolium</i>) 130-150:1 extract (fruit)	75 mg
AuroraBlue® Wildcrafted Blueberry Extract Complex [Alaska Early Blueberry (<i>Vaccinium ovalifolium</i> Sm.), Alaska Black Huckleberry (<i>Vaccinium alaskaense</i> How.), Alpine Blueberry (<i>Vaccinium uliginosum</i> L. spp. <i>alpinum</i> (Bigel.) Hult.), Bog Bilberry (<i>Vaccinium uliginosum</i> L. spp. <i>mycrophyllum</i> Lange)]	50 mg

Other ingredients: vegetable cellulose (capsule), rice flour, silica, magnesium stearate, maltodextrin.

Contains corn and rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, or gluten. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

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Dosage and Use

- Take one capsule one to four times daily, with or without food, or as recommended by a healthcare practitioner.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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