

Super MiraForte with Standardized Lignans

120 capsules

Item Catalog Number: 01315

Low levels of **testosterone** have been implicated in a host of life-threatening health problems. Maintaining normal testosterone levels is one of the most important steps men can take to regain their health and improve their performance.

If you're over 40, odds are you're already starting to feel the debilitating effects of low testosterone. Research shows that by age 60, men typically produce 60% less testosterone than they did at age 20.²⁵ With this drastic reduction come several well documented problems — from the blues and cognitive impairment to reduced sex drive and abdominal weight gain. Normal testosterone has been associated with maintaining a healthy cardiovascular system.²⁶

RESTORING HEALTH AND SEXUAL VIGOR

The reformulated Super MiraForte contains high potencies of chrysin and nettle root—plant extracts that naturally reduce the aromatization (conversion) of testosterone to estrogen to enhance free testosterone levels.²⁷ Bioperine® is included to facilitate the absorption of chrysin (a natural flavonoid) into the bloodstream.

Muira puama is a rainforest herb classified in the Brazilian Pharmacopeia as an aphrodisiac. In a trial of men with decreased libido and other sexual issues, 62% of those taking Muira puama reported positive results in regard to libido, while 51% of those with a common sexual problem felt that the herb was helpful.²⁸ A second trial examined men with decreased libido and found that 85% of the test subjects taking Muira puama enjoyed an enhanced libido, 90% had improved sexual function, and 100% of test subjects experienced an increase in intercourse frequency.²⁹

To augment these protective effects, a standardized lignan extract from Norwegian spruce has been added to Super MiraForte. These lignans convert to enterolactone in the intestine. They are then rapidly absorbed into the bloodstream where they provide significant biological effects.³⁰ Enterolactone has demonstrated anti-estrogen and anti-DHT effects that are of particular importance for the aging prostate gland.³¹⁻³²

References

Supplement Facts

Serving Size 2 capsules

Servings Per Container 60

Amount Per Serving

Zinc (as zinc monomethionine)	7.5 mg
Chrysin	750 mg
Muira puama (<i>Ptychopetalum olacoides</i>) powdered extract (bark)	425 mg
Maca (<i>Lepidium meyenii</i>) (root) (also known as Peruvian ginseng)	160 mg
Nettle (<i>Urtica dioica</i>) powdered methanolic extract (root)	141 mg
Ginger (<i>Zingiber officinale</i>) powdered extract (rhizome)	25 mg
HMRlignan™ Norway spruce (<i>Picea abies</i>) lignan extract (knot wood) [standardized to 90%	16.7 mg
Hydroxymatairesinol potassium acetate complex (15 mg)]	
Bioperine® piperine (from black pepper)	7.5 mg

Other ingredients: gelatin, magnesium stearate, silica, maltodextrin.

Contains corn. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

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Bioperine® is a registered trademark of Sabinsa Corp.

Dosage and Use

- For adult men, take two capsules in the morning and two in the evening, or as recommended by a healthcare practitioner.
- This product can be taken with or without food.

Caution

If you are taking any medication, use only under physician supervision. Men with existing prostate cancer may not be able to use this product. Elevations in free testosterone can unmask an occult (hidden) prostate cancer. Anyone with this concern should have a baseline PSA prior to using this product and a follow-up PSA test 60 days later. If a significant elevation of PSA is found, discontinue this product and advise physician. Do not take more than 15 mg per day of Bioperine®.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

Related Keywords

Testosterone, Testosterone Supplements, Chrysin

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