

Children's Formula Life Extension Mix™

100 chewable tablets

Item Catalog Number: 01370

Children need a sound nutritional basis upon which to grow and develop, so it's important to ensure that they eat a balanced diet. However, with busy schedules, and fast or preprocessed foods, children may not meet all of their recommended daily value of nutrients each day. A daily multi-nutrient supplement can help provide the nutrition they need to grow up strong and healthy.

The Children's Formula Life Extension Mix contains ingredients from Life Extension Mix™ in amounts that are suitable for children four years and older. Each easy to chew tablet contains ten essential minerals and vitamins, including A, D and C—important for a child's healthy development and growth.

Any supplement is only as good as a child's willingness to take it. Parents know that children can be finicky about the taste no matter how nutritious. Children's Mix has been reformulated for a more appealing berry flavor. We have also removed a select few nutrients that were interfering with a great-tasting product.

Food supplements containing a mix of vitamins, minerals, phytonutrients, amino acids, essential fatty acids, phospholipids, and probiotics have been shown to help with childhood attention and self-control problems.⁸⁷⁻⁸⁸

References

Supplement Facts

Serving Size 2 tablets

Servings Per Container 50

Amount Per Serving

Calories	10
Total Carbohydrates	2.4 g
Sugars	2 g
Other Carbohydrates	0.4 g
Vitamin A (as beta-carotene)	3500 IU
Vitamin C (as ascorbic acid)	120 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha tocopheryl succinate)	30 IU
Thiamin (Vitamin B1) (as thiamine HCl)	3 mg
Riboflavin (Vitamin B2)	1.7 mg
Niacin (Vitamin B3) (as niacinamide)	20 mg
Vitamin B6 (as pyridoxine HCl)	2 mg
Folate (as folic acid)	400 mcg
Vitamin B12 (as cyanocobalamin)	6 mcg
Biotin	300 mcg
Pantothenic acid (as d-calcium pantothenate)	10 mg
Calcium (as calcium citrate)	100 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium oxide)	50 mg
Zinc (as zinc oxide)	10 mg
Selenium (as L-selenomethionine)	25 mcg
Copper (as cupric sulfate)	0.5 mg
Manganese (as manganese sulfate)	2 mg
Molybdenum (as amino acid chelate)	20 mcg
Potassium (as potassium citrate)	10 mg
Choline (as choline bitartrate)	9 mg
Coenzyme Q10	1 mg
Inositol	10 mg
Lecithin (from soybean oil)	10 mg

Supplying: Phosphatidylcholine	2.6 mg
Phosphatidylethanolamine	2 mg
Phosphatidylinositol	1.4 mg
Lutein complex (from marigold flowers) (supplying trans-lutein 5 mg and trans-zeaxanthin 155 mcg)	5 mg
Other ingredients: natural sweeteners (sugar, mannitol, xylitol, luo han guo), microcrystalline cellulose, natural flavors (vanilla, cherry, strawberry), stearic acid, citric acid, silicon dioxide, magnesium stearate, natural color.	
Contains soybeans. Contains yeast, gluten and rice.	
This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), tree nuts, wheat, or corn. Contains NO artificial sweeteners, flavors, colors or preservatives.	

Dosage and Use

- For children 4-8 years of age chew two tablets daily with food, or as recommended by a healthcare practitioner.
- For children under the age of 4 consult with a healthcare practitioner before use.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

All Contents Copyright © 1995-2009 Life Extension Foundation All rights reserved.

LifeExtension®

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.