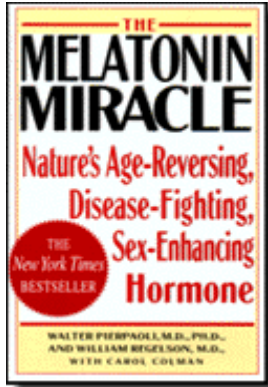


LE Magazine January 1996

REVIEW

The Melatonin Miracle A New Book By Pioneering Melatonin Scientists

The Life Extension Foundation has reviewed tens of thousands of published studies on therapies that may be able to slow the aging process. Melatonin has emerged as the single most effective substance yet discovered to improve the quality and quantity of life.

Melatonin is not only the most effective life extension therapy, but it is also the least expensive.

There are still many Foundation members who have yet to start taking melatonin because they think its primary use is for the treatment of insomnia. While melatonin is highly effective in treating 8 of 10 insomniacs, the disease preventing benefits of melatonin make it critically important for every Foundation member 40-45 years of age and older to take it.

To make it easier for those who don't have sleep problem to take melatonin, we've design a new lower-cost melatonin product that only contains 500 micrograms of melatonin per capsule (as opposed to the currently available 1, 3 and 10 mg capsules). Scientists who've conducted melatonin research have emphasized in several new books that healthy people who don't suffer from insomnia may only need 500 mcg of melatonin a night for optimal anti-aging benefits.

In order to persuade Foundation members 40-45 years of age and older (who have yet to try melatonin) to take this new 500 mcg. melatonin product, we offer bottles containing 200 capsules of 500 mcg of melatonin (with 99.9% pharmaceutical purity) that will last a single person more than six months!

If you're interested in learning how a bottle of low-dose melatonin could add so much to your life extension program, we strongly suggest that you read *The Melatonin Miracle* by two eminent scientists who've conducted pioneering research showing that low-dose melatonin can slow the aging process and prevent diseases.

A Best-Seller

The Life Extension Foundation has published more information about melatonin than about any other anti-aging therapy. *The Melatonin Miracle* contains a wealth of information about newly discovered benefits of melatonin that The Foundation has yet to write about. *The Melatonin Miracle* is written by Professor of Medicine at the *Medical College of Virginia*, specialist in medical oncology and a leading researcher in the field of aging for over 20 years Williani Regelson, M.D. and *Walter Pierpaolo, M.D., Ph.D.*, an international expert in the neuroendocrinology of aging and immunology.

The Melatonin Miracle (Simon and Schuster 1995) has been on the *New York Times* bestseller list.

To order our new 200 capsule 500 mcg melatonin supplement or *The Melatonin Miracle*, call 1-800-841-5433 or use The Life Extension Buyers Club Order Form at the back of this magazine.

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