

Citrus Bioflavonoid Caps**100 capsules**

Item Catalog Number: 00069

Bioflavonoids are water-soluble compounds present in citrus fruits, rosehips, and other plants. In humans, bioflavonoids maintain resistance of capillary walls to permeation and change of pressure, and have synergistic antioxidant effects with vitamin C, making them potent free radical scavengers.^{318-329*} This product from Twinlab offers the highest bioflavonoid content from fresh lemon, orange, grapefruit, lime and tangerine concentrates, along with the greatest number of individual bioflavonoids available from any manufacturer.

References**Supplement Facts**

Serving Size 2 capsules

Servings Per Container: 50

Amount Per Serving

Citrus bioflavonoid complex (containing 50% total bioflavonoids consisting of flavones [hesperidin, eriocitrin, naringen and naringenin], flavanols and flavones)

1400 mg

Rutin

100 mg

Other ingredients: gelatin, purified water, MCT, magnesium stearate.

Dosage and Use

- Two capsules daily with or without meals.

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