

Dual-C™

**90 capsules**

Item Catalog Number: 00240

Fat-soluble vitamin C (ascorbyl palmitate) may be as important as water-soluble vitamin C, yet most vitamin consumers have not even heard of ascorbyl palmitate. If you take Life Extension Mix™, you are receiving an ample dose of fat-soluble ascorbyl palmitate. Each capsule of Dual-C contains 677 mg of fully reacted calcium ascorbate (gentle on the stomach and supplies calcium) and ascorbyl palmitate (to protect fat tissues from oxidation).<sup>21-26</sup>

**References****Supplement Facts**

Serving Size 1 capsule

Servings Per Container 90

**Amount Per Serving**

Vitamin C (as calcium ascorbate and ascorbyl palmitate)

609 mg

Calcium (as calcium ascorbate)

68 mg

Other ingredients: gelatin, water.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

**Dosage and Use**

- Take one capsule with each meal.
- For adults only.

**Caution**

Taking large doses of vitamin C (several grams or more) all at once, especially on an empty stomach, can cause gastric upset and diarrhea. This product contains 1827 mg (1.8 g) of vitamin C in the recommended dose of three capsules per day. Persons with the genetic disorder G6PD deficiency should not use such large doses of vitamin C unless directed by a physician.

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