

Pregnenolone

50 mg, 100 capsules

Item Catalog Number: 00302

Pregnenolone is biochemically the “mother hormone.” It is made directly from cholesterol within the mitochondria of the adrenal glands and, to a lesser degree, the nervous system, with the help of the cholesterol side chain cleavage enzyme, p450sc. Pregnenolone is a precursor to various hormones, such as progesterone, mineralocorticoids, glucocorticoids, androgens, and estrogens. So it can help the body maintain normal hormone levels, which in turn helps numerous body functions.²¹⁻²⁴

References

Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

Amount Per Serving

Pregnenolone

50 mg

Other ingredients: rice flour, gelatin, water.

Contains rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one capsule daily preferably early in the day on an empty stomach, or as recommended by a healthcare practitioner.

Caution

Based on animal research, those who have a predisposition of brain seizures or suffer from epilepsy should not supplement with pregnenolone. Pregnenolone may affect hormone levels. Those with hormonal cancers, such as prostate or breast cancer, should avoid pregnenolone.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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