

Calcium Magnesium Powder

1 kilogram

Item Catalog Number: 00149

Calcium/Magnesium Powder is a good source of elemental calcium and magnesium for healthy people. It is best used as a buffering agent, added to acidic vitamins in solution to neutralize their pH. The presence of the acid will ionize the calcium and magnesium, greatly aiding their absorption.

References

Supplement Facts

Serving Size 1/2 level teaspoon (4 grams)

Servings Per Container 250

Amount Per Serving

Calcium (as calcium carbonate) 800 mg

Magnesium (as magnesium oxide) 1200 mg

Other ingredients: acacia gum, maltodextrin.

Contains corn. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Mix 1/2 level teaspoon once or twice daily in juice, or as recommended by a healthcare practitioner.
- Calcium/Magnesium powder can be added to acidic vitamins in solution to neutralize their pH.

Caution

If taken in high doses, Magnesium Oxide may have a laxative effect. If this occurs, divide dosing, reduce intake, or discontinue product.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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