

Inosine

500 mg, 60 capsules

Item Catalog Number: 00155

Inosine belongs to a chemical family known as purine nucleotides. It penetrates cell walls of both cardiac and skeletal muscle and once inside promotes the manufacture of ATP, the substance in the body that allows muscles to contract. Athletes wishing to exercise longer without experiencing muscle fatigue often use inosine, which may also be beneficial to the health and energy of the heart.¹¹⁰

References

Supplement Facts

Serving Size 1 capsule

Servings Per Container 60

Amount Per Serving

Inosine [as hypoxanthine riboside (HXR)]

500 mg

Other ingredients: gelatin, water, magnesium stearate.

Contains yeast and corn. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, gluten, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one capsule one to two times daily preferably before exercise with or without food, or as recommended by a healthcare practitioner.

Caution

Do not use if you suffer from gouty arthritis.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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