

Empty Gelatin Capsules  
**1000 capsules, "00" size**  
Item Catalog Number: 00117

These pure gelatin capsules can be used to make your own combinations of vitamins, minerals and powdered nutrients. A size "00" capsule will hold 800–1200 mg of powder depending on powder density. The gelatin in these capsules is designed to dissolve and release the powdered contents within five minutes of entering the stomach.

### Ingredients

Gelatin, water.

### Dosage and Use

- To be used to encapsulate powdered nutrients.

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