

Ascorbyl Palmitate Powder

100 grams

Item Catalog Number: 00083

Ascorbyl palmitate (AP) is a bioactive, fat-soluble form of vitamin C that can reach tissue areas ascorbic acid cannot.⁶³ Even though this form is purely synthetic and is not found in nature, it has been shown to be beneficial for protecting the lipid areas of the body from peroxidation.⁶³⁻⁶⁹ The lipophilic AP is able to cross biological barriers and satisfies the tissue demand for ascorbate better than the hydrophilic form. AP should be considered as the preferred form of transport of ascorbate into neural tissues.^{70,71}

Technically, the ascorbic acid “part” of ascorbyl palmitate is only 42% of the total weight. Since ascorbyl palmitate and ascorbic acid work in entirely separate areas of the body, the concentration of ascorbic acid by weight has little relevance to the benefits of ascorbyl palmitate, so it has not been included in the product contents description.

References

Supplement Facts

Serving Size 1 level teaspoon (approximately 1.2 grams)

Servings Per Container 83

Amount Per Serving

Vitamin C (as ascorbyl palmitate)

506 mg

Other ingredients: none.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one teaspoon daily with meals, or as recommended by a healthcare practitioner.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.