

Vitamin B5 Powder (Calcium Pantothenate)**100 grams**

Item Catalog Number: 00097

Pantothenic acid plays a role in the synthesis of hemoglobin, steroid hormones, neurotransmitters, and lipids.¹⁹⁶⁻²⁰² It is the most important component of coenzyme-A, which assists in several metabolic pathways and is necessary for the transfer of fats to and from cells.¹⁸⁴ Pantothenic acid is only mildly acidic, but is often available in combination with calcium to neutralize its acidity and increase its storage stability.

References**Supplement Facts**

Serving Size 1/2 level teaspoon (approx. 1.43 grams)

Servings Per Container approximately 70

Amount Per Serving

Pantothenic Acid (Vitamin B5 as calcium pantothenate)	1300 mg
Calcium (as calcium pantothenate)	110 mg

Other ingredients: none.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take 1/2 level teaspoon daily with or without food, or as recommended by a healthcare practitioner.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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