

**All-In-One Weight Loss Formula**

**300 capsules**

Item Catalog Number: 00261

The All-In-One Weight Loss Formula contains a wide range of natural, non-stimulating agents that have been shown to help maintain a healthy weight. 133-144 Supplement to be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

**References**

**Supplement Facts**

Serving Size 4 capsules

Servings Per Container 75

**Amount Per Serving**

Vitamin C (as ascorbyl palmitate)	9 mg
Vitamin E (as DL-tocopheryl acetate)	40 IU
Folic acid	200 mcg
Chromium (as chromium polynicotinate)	200 mcg
Citrimax® ( <i>Garcinia cambogia</i> )	1000 mg
[50% hydroxycitric acid (500 mg)]	
Chitosan (90% deacetylated)	400 mg
Citrus pectin	400 mg
Guar gum	400 mg
Psyllium husk ( <i>Plantago ovata</i> ) (hulls)	400 mg
<i>Gymnema sylvestre</i> extract (leaf)	200 mg
[1.0% gymnemic acid (2 mg)]	
<i>Ginkgo biloba</i> extract (leaf) [24% ginkgoflavon-glycosides (1.9 mg), 6% terpene lactones (0.48 mg)]	8 mg

Other ingredients: gelatin, rice flour, water, magnesium stearate.

Contains crustacean shellfish (lobster, crab, shrimp). Contains corn and rice. This product contains NO milk, egg, fish, peanuts, soybeans, tree nuts, wheat, yeast, or gluten. Contains NO artificial sweeteners, flavors, or colors.

Citrimax® is a registered trademark of InterHealth Co.

**Dosage and Use**

- Take four capsules before meals with a large glass of water, or as recommended by a healthcare practitioner.

**Caution**

Chitosan supplements should not be consumed within two hours of taking fat-soluble or oil-based supplements such as CoQ10, vitamins A, D, E and K, or prescription medication. To avoid the possibility of esophageal obstruction, always drink at least 10 ounces of water with fiber supplements, followed by another glass of water. Do not use if abdominal pain, nausea or vomiting is present, unless directed by your physician. Those allergic to shellfish should not use this product.

**Warnings**

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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