

**Certified European Bilberry Extract**  
(25% Anthocyanidins)  
**100 mg, 100 capsules**  
Item Catalog Number: 00497

Certain age-related problems common to the eyes are often caused by a breakdown of the circulatory system of the eye. Bilberry extracts have an antioxidative property that helps suppress photo-oxidative processes and have been shown to improve microcapillary circulation.<sup>23-25</sup> The anthocyanoside content of bilberry may be especially beneficial for nighttime visual acuity.<sup>26-29</sup>

## References

## Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

### Amount Per Serving

European Bilberry (*Vaccinium myrtillus* L.) extract (berry) [std. to 25% anthocyanosides calculated as anthocyanidins (25 mg)]

100 mg

Other ingredients: rice flour, gelatin, water.

Contains rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or corn. Contains NO artificial sweeteners, flavors, colors, or preservatives.

## Dosage and Use

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

## Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

## Related Keywords

Antioxidant, Eye, Microcapillary Circulation

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. The information provided on this site is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional or any information contained on or in any product label or packaging. You should not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.