

**Kyolic Garlic Formula 105****200 mg, 200 capsules**

Item Catalog Number: 00214

Garlic has been valued for centuries for its multi-faceted benefits. It has antioxidant action and can boost the level of natural glutathione, an important cellular detoxifier. The compounds allicin and oligosulfides found in garlic have demonstrated the ability to support healthy platelet function. Garlic may also act as a chelator of iron and other heavy metals that can accumulate in the body.196-225

The Life Extension Foundation Buyers Club offers Kyolic® Garlic Formula 105 because it contains a synergistic blend of several healthful ingredients along with the aged garlic.

Kyolic® Aged Garlic Extract™ begins with 100% organically grown garlic bulbs. They are then aged to perfection in a unique extraction process to eliminate odor and create beneficial compounds found only in Kyolic®. This synergistic combination has special antioxidant properties that aid in detoxification and anti-aging.232-240\*

Take the best—Kyolic® Aged Garlic Extract™, the most scientifically researched, highest quality and best-selling odorless sociable garlic. garlic.

**References****Supplement Facts**

Serving Size 2 capsules

Servings Per Container 100

**Amount Per Serving**

|  |         |
|--|---------|
| Aged Garlic Extract Powder (bulb)            | 400 mg  |
| Vitamin A (100% B-carotene)                  | 2500 IU |
| Vitamin C (Ester-C®)                         | 30 mg   |
| Vitamin E (d-alpha-tocopherol succinate)     | 15 IU   |
| Selenium (L-selenomethionine)                | 35 mcg  |
| Green tea powder                             | 75 mg   |
| Milk Thistle extract (Silymarin 80%) (fruit) | 50 mg   |
| L-Glutathione                                | 25 mg   |
| Pine Bark extract                            | 7.5 mg  |
| Grape Seed extract                           | 7.5 mg  |

Other ingredients: gelatin, cellulose, silica and magnesium stearate (vegetable source).

Free of sodium, yeast, dairy, preservatives, sugar, gluten, artificial colors or flavors.

**Dosage and Use**

- Take two capsules with meals twice daily.

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