

Oriental Green Tea Leaves

300 grams

Item Catalog Number: 00203

This bulk leaf product is provided for those who enjoy drinking green tea. However, to get the full benefits of green tea polyphenols, one must consume a great number of cups daily, or supplement with capsules.

References

Supplement Facts

Serving Size 1 rounded teaspoon

Servings Per Container approximately 145

Amount Per Serving

Calories	0%
Total Fat	0%
Carbohydrate	0%
Protein	0%

Ingredients: oriental green tea leaf powder.

Each rounded teaspoon contains approximately 2 grams coarsely ground green tea leaves.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish, soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Use one teaspoon per cup. Bring water to boil. Let cool. Gently pour water over tea leaves and steep for 30 seconds to two minutes.
- Using boiling water or steeping too long can make tea bitter.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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