

## Digest RC™

### 30 tablets

Item Catalog Number: 00458

The gastrointestinal tract is a long muscular tube that functions as the food processor for the human body. The digestive system includes the following organs: the mouth and salivary glands, stomach, the small and large intestines, colon, liver, pancreas, and the gall bladder. The gastrointestinal tract is not a passive system; rather, it has the capability to sense and react to the materials that are passed through it. For a healthy digestive system, every person requires different food selections that match their gastrointestinal tract capacity.

Digest RC™ is a multiple herbal extract formulation, which was introduced in Europe over 46 years ago, and today sells more than 100 million doses annually. The primary mechanism of action promotes the release of bile from the liver to speed digestion of fats and protein and prevent stagnation of food in the digestive tract, thus helping to relieve the feeling of fullness and bloating and aid in reducing acid reflux. The various ingredients within Digest RC™ are delivered to the parts of the digestive system where they will be most effective by means of a “layered” delivery system (i.e., multiple timed-release). In this manner, Digest RC™ optimizes its ingredients to aid all digestive problems while other products usually only attack one at a time. Digest RC™ is particularly beneficial for those who have not responded to food elimination and those with the digestive problems typical of aging.<sup>26-68</sup>

The ingredients in Digest RC™ have been able to:

- • Aid in the normal digestion of fats and proteins<sup>26,28,30,31,38,43,45,46</sup>
- • Prevent the stagnation of food in the intestines<sup>63,64</sup>
- • Reduce the digestion-related side effects of some prescription medications<sup>47-52</sup>
- • Create an inhospitable environment for harmful bacteria.<sup>61,62,67</sup>

## References

### Supplement Facts

Serving Size 1 tablet

Servings Per Container 30

#### Amount Per Serving

Black radish	75 mg
Charcoal	75 mg
Artichoke	47 mg
Cholic acid	40 mg
Peppermint	15 mg

Other ingredients: beet sugar, talcum, potato starch, magnesium stearate, arabic gum, gelatin, silicon dioxide.

No yeast, corn, wheat, soy, milk, salt, preservatives or artificial color.

### Dosage and Use

- One to two tablets with meals, or as recommended by a healthcare practitioner.

### Caution

The black radish and artichoke extracts used in this product have bile stimulation effects. Therefore, while Digest RC™ is completely safe to be taken with any medication, it is not known how it might affect those who have had their gall bladder removed, therefore such people are advised to avoid it.

not use the information on this site for diagnosis or treatment of any health problem or for prescription of any medication or other treatment. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem. You should not stop taking any medication without first consulting your physician.