

Quercetin

500 mg, 100 capsules

Item Catalog Number: 00470

Quercetin is the most abundant of the flavonoid molecules, and found to be the most active of the flavonoids in studies. Many medicinal plants owe much of their activity to their high quercetin content. Quercetin has many benefits on human health by promoting a healthy immune and cardiovascular system as well as a very active antioxidant. 373-409 Quercetin has demonstrated significant activity in helping with inflammation because of direct activity of several initial pathways that can lead to an inflammatory response. For example, it regulates both the manufacture and release of histamine and other related mediators. In addition, it exerts potent antioxidant activity and vitamin C-sparing action. Quercetin also helps support healthy DNA structure. 410*

References

Supplement Facts

Serving Size 1 Capsule

Servings Per Container: 100

Amount Per Serving

Quercetin 500 mg

Other ingredients: magnesium stearate, silicon dioxide, gelatin.

Contains no common allergen.

Dosage and Use

- Take one or more capsules daily with food, or as recommended by a healthcare practitioner.
- This product is best utilized when taken in divided doses with meals.

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