

Zinc Picolinate**22 mg, 100 tablets**

Item Catalog Number: 00476

Solgar's Zinc Picolinate tablets offer a unique, patented form of zinc for maximum absorption and bioavailability. Solgar's Zinc Picolinate tablets supply 22 mg of elemental zinc which has been molecularly complexed with picolinic acid.

Solgar's Zinc Picolinate tablets are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

Supplement Facts

Serving Size 1 tablet

Servings Per Container 100

Amount Per Serving

Calcium (as dicalcium phosphate)

20 mg

Zinc (as zinc picolinate)

22 mg

Other ingredients: dicalcium phosphate, microcrystalline cellulose, vegetable cellulose, vegetable stearic acid, vegetable magnesium stearate

Dosage and Use

- As a dietary supplement for adults, one tablet daily, preferably at mealtime, or as directed by a healthcare practitioner.

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