

FORMULA FOR LIFE

by Eberhard Kronhausen EdD and Phyllis Kronhausen EdD

With all new and updated information, Formula for Life is the ultimate guide to nutrition, disease prevention, and life extension strategies - as well as an important companion to any traditional medical treatment. Here you'll find:

- How to take nutritional supplements
- "Friendly" and "unfriendly" foods
- The definitive answer on DHEA and other hormone supplements
- A natural alternative to Viagra
- Life-saving cancer survival strategies
- Alternative prostate therapies
- Macrobiotic diet.

If you want the best resource for living a longer, healthier life, *Formula for Life* is the only book you need.

Drs. Eberhard and Phyllis Kronhausen have long worked as a professional team in their unique brand of holistic psychotherapy, which includes nutritional, spiritual and lifestyle counseling.

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