

Super Ginkgo Extract 28/7

120 mg, 100 capsules

Item Catalog Number: 00504

For nearly 2800 years, the Chinese have used extracts from the Ginkgo biloba tree to treat a variety of conditions. Ginkgo helps promote healthy brain, metabolic, and cardiovascular function (i.e., blood, blood vessels, circulation).¹⁵⁰⁻¹⁷⁰ Ginkgo contains numerous antioxidants such as proanthocyanidins and flavonoids that counteract free radical activity. Flavonoids are also known to strengthen capillaries, which can promote healthy blood flow to the brain to help maintain cognitive health.^{153,158,167}

Ginkgo may:

- Help maintain normal circulation by dilating blood vessels and reducing the stickiness of blood platelets^{160,161}
- Help maintain the normal function and tone of blood vessels,¹⁵³ and maintain a normal blood flow^{150,152,159}
- Maintain already normal oxygen and glucose metabolism in the brain¹⁵⁴⁻¹⁵⁷
- Maintain normal coagulation of blood^{161,162}
- Reduce tissue damage caused by low blood flow^{154,161}
- Help control radiation-induced brain edema in vitro¹⁶³⁻¹⁶⁴
- Help slow the aging process in the brain^{159,165-168}

Ginkgo biloba extract is reputed as a neuroprotective antioxidant agent.¹⁶⁹ It is known to protect the energy-producing mitochondria within the cells, thus enhancing oxygen utilization and cellular respiration.

In a study to determine whether ginkgo extract could prevent age-associated cellular changes, the brain and liver mitochondria of old mice fed ginkgo extract in their drinking water was compared to those of young and old control mice. Mitochondria from the rats given ginkgo exhibited significantly less genetic damage, peroxide generation, and oxidation of the crucial antioxidant glutathione than non-supplemented rats. In addition, mitochondria from old rats given the ginkgo extract resembled those of young rats much more closely, being similar in size and morphology. The study concluded that standardized ginkgo extract prevents age-related decline in mitochondrial structure and function by protecting mitochondria from oxidative damage.¹⁷⁰

The Japanese premium-quality bio-chemical extract in Super Ginkgo has been concentrated and dual-standardized to ensure the highest quality, consistency and biological activity.

References

Supplement Facts

Serving Size 1 capsules

Servings Per Container 100

Amount Per Serving

Ginkgo biloba leaf powder extract [std. to 33.6 mg (28%) ginkgo flavonglycosides, 8.4 mg (7%) terpene lactones, and no more than 1 ppm ginkgolic acid]

120 mg

Other ingredients: rice flour, vegetable stearate, gelatin, purified water.

Contains rice.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

Caution

If you are taking anticoagulants or MAO inhibitors, consult your doctor before taking ginkgo.

Note

Ginkgolic acid is an allergen found in all Ginkgo biloba extracts. The stringent German Commission E has set the ginkgolic acid limit at no more than 5 ppm. Super Ginkgo Extract 28/7 has been purified to contain the lowest level of ginkgolic acid possible (no more than 1 ppm).

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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