

# Personal Health Record Software

The CapMed Personal Health Record (PHR) is an easy-to-use, secure desktop-based health information management tool. PHR tracks visits to physician offices, medications, tests, treatments, immunizations, medical images, fitness profiles, and at-home observations of vital signs such as weight and blood sugar levels.

PHR is Internet enabled, providing users access to the wealth of online health information and healthcare communities, and an easy way to communicate with their health care providers.

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