

Chlorella

500 mg, 200 tablets

Item Catalog Number: 00550

Chlorella are green, single-cell microalgae. They are highly nutritious, and a rich source of chlorophyll. Source Naturals' Chlorella contains 60% protein; it is a complete vegetarian protein, containing all eight essential amino acids. Source Naturals' Chlorella is carefully harvested and dried at low temperature. The cell walls are broken, allowing concentrated nutrition within each chlorella cell. Chemical analysis revealed that the lipid fraction contained large quantities of antioxidants, including carotenoids (especially lutein) and others, and phospholipids involved in aorta collagen and elastin metabolism; the residual fraction contained high concentrations of arginine, enhancing the function of blood vessels. Daily dietary supplementation with chlorella may help maintain healthy blood pressure and cholesterol levels already within normal range, sustain healthy vascular function, accelerate wound healing, and enhance immune functions.^{83-85*}

References

Supplement Facts

Serving Size 6 tablets

Servings Per Container about 33

Amount Per Serving

Calories	15
Total carbohydrates	1 g
Protein	2 g
Chlorella	3 g
Yielding approximately:	
Vitamin A	1,665 IU
Vitamin C	460 mcg
Thiamine (vitamin B1)	45 mcg
Riboflavin (vitamin B2)	140 mcg
Niacin	710 mcg
Vitamin B6	50 mcg
Vitamin B12	4 mcg
Biotin	6 mcg
Calcium	6 mg
Iron	5 mg
Phosphorus	29 mg
Iodine	18 mcg
Magnesium	9 mg
Zinc	2 mg
Chlorella Growth Factor (CGF)	60 mg
Chlorophyll	60 mg

Other ingredients: stearic acid, modified cellulose gum, and colloidal silicon dioxide.

Dosage and Use

- Two to six tablets daily with water, tea, or juice, preferably between meals, or as recommended by your healthcare professional.
- If you are pregnant or breastfeeding, consult your health care professional before using this product.

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