

Ascorbyl Palmitate

500 mg, 100 capsules

Item Catalog Number: 00082

Ascorbyl palmitate (AP) is a bioactive, fat-soluble form of vitamin C that can reach tissue areas ascorbic acid cannot.⁶³ Even though this form is purely synthetic and is not found in nature, it has been shown to be beneficial for protecting the lipid areas of the body from peroxidation.⁶³⁻⁶⁹ The lipophilic AP is able to cross biological barriers and satisfies the tissue demand for ascorbate better than the hydrophilic form. AP should be considered as the preferred form of transport of ascorbate into neural tissues.^{70,71}

Technically, the ascorbic acid “part” of ascorbyl palmitate is only 42% of the total weight. Since ascorbyl palmitate and ascorbic acid work in entirely separate areas of the body, the concentration of ascorbic acid by weight has little relevance to the benefits of ascorbyl palmitate, so it has not been included in the product contents description.

References

Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

Amount Per Serving

Vitamin C (from 500 mg ascorbyl palmitate)

200 mg

Other ingredients: rice flour, gelatin, vegetable stearate, silica.

Contains rice.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one capsule daily with food, or as recommended by a healthcare practitioner.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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