

DMAE Bitartrate**150 mg, 200 capsules**

Item Catalog Number: 00257

DMAE (2-dimethylaminoethanol) is known to stabilize cell membranes.^{136,137} Cell membrane degradation has been proposed as one of the prime mechanisms of normal aging.¹³⁸ DMAE is a precursor to choline and acetylcholine.¹³⁷⁻¹⁴³ It is the choline inside cells that is converted to phosphatidyl-choline, used in the building and repair of cell membranes, especially in the brain.¹⁴⁴

References**Supplement Facts**

Serving Size 1 capsule

Servings Per Container 200

Amount Per Serving

DMAE bitartrate (37% DMAE)

150 mg

dimethylaminoethanol

Other ingredients: rice flour, vegetable stearate, gelatin, water.

Contains rice.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

Dosage and Use

- Take one capsule daily, or as recommended by a healthcare practitioner.
- This product is best utilized if taken early in the day on an empty stomach.

Caution

If excitation, restlessness, muscle tension, or headache occurs, reduce dosage or discontinue use.

Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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