

**Zinc Gluconate Powder****100 grams**

Item Catalog Number: 00152

Zinc is a mineral essential for formation of superoxide dismutase, one of the body's most important free radical scavengers and one that cannot be directly supplemented. Zinc also promotes wound healing, immune function, taste sensitivity, protein synthesis, insulin production, and reproduction including organ development and sperm motility.

**Supplement Facts**

Serving Size 1/8 teaspoon (approx. .35 g)

**Amount Per Serving**

Zinc (as zinc gluconate)

47.25 mg

Other ingredients: none.

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

**Dosage and Use**

- Take 1/8 of a teaspoon daily with or without food, or as recommended by a healthcare practitioner.

**Caution**

Supplemental zinc can inhibit the absorption and availability of copper. If more than 50 mg of supplemental zinc is taken daily, 2 mg of supplemental copper should also be taken to prevent deficiency. Chronic ingestion of more than 100 mg of zinc daily may be immunosuppressive.

**Warnings**

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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